

Kimono measurements

What you need to know first...

Your height in centimeters

Your hip measurement in centimeters

Be aware that most kimono bolts are only 36cm wide, and if you are tall, or wide, you may not be able to use the exact measurements that this chart provides. However, the measurements given here will give you a kimono made to Japanese proportion. The collar length is not listed as I did not find a formula for it. One option is to put a seam in the collar in the center back and cover that with the collar cover, it will help reduce the fabric needed.

Measurement	Formula	Narrow build	Med build	Large build	Larger build
Mitake (length of kimono)	Height +	2-3cm	3-4cm	5-6cm	7-8cm
Yuki take (center back to wrist)	Height x .4	+ 2-5.5 cm, depending on height			
Front hip	Hip x .5 -8cm	Same for all sizes			
Back hip	Hip – front hip	Same for all sizes			
Back panel width	Back hip /2 +	2cm	2.5cm	3cm	4cm
Overlap (okumi) width	14.5- 16	14.5	15	15.5	16
Front panel width	Front hip – okumi +	1.5cm	2cm	2.5cm	3cm
Sleeve width	Yuki – back panel width	Same for all sizes			
Collar width (full collar)	11cm	Same for all sizes			
Back collar (kurikoshi)	2-5cm	Increases as height increases			
Length down front seam to collar	20-23	Increases as height increases			
Sleeve opening	22-23	Increases as height increases			
Okumi length	Mitake – 15cm	Same for all sizes			

Please remember these are measurements without seam allowance, be sure to add that when cutting your fabric out. I generally use the back width or sleeve width, whichever is largest to create all the panel widths, because traditional kimono are made without cutting more than is necessary.

Sleeve length	formula	Ages under 20	20-30	30-40	40-50	50+
Everyday kimono (yukata, wool)	Height / 3 +	2-5cm	1-3cm	0-1cm	-1cm	-2cm
Townwear kimono (Komon, tsumugi)	Height/ 3 +	5-10cm	3-5cm	2-4cm	0-2cm	0cm
Formal kimono (Houmongi, tomesode)	Height/ 3 +	10-15cm	5-10cm	2-6cm	0-4cm	0cm/ -3cm